

**34th NATIONAL GAMES : 21 NOV. - 05 DEC.- JHARKHAND
ATHLETICS - ENTRY FORM - WOMEN**

State/UT Olympic Association

	Event	Name	Date of Birth	Season's best Performance
1	100m	1		
		2		
2	200m	1		
		2		
3	400m	1		
		2		
4	800m	1		
		2		
5	1,500m	1		
		2		
6	5,000m	1		
		2		
7	10,000m	1		
		2		
8	110m Hurdles	1		
		2		
9	400m Hurdles	1		
		2		
10	3,000 Steeplechase	1		
		2		
11	4x100m Relay	1		
		2		
12	4x400m Relay	1		
		2		
13	High Jump	1		
		2		
14	Long Jump	1		
		2		
15	Triple Jump	1		
		2		
16	Pole Vault	1		
		2		
17	Shot Put	1		
		2		
18	Discus Throw	1		
		2		
19	Javelin Throw	1		
		2		
20	Heptathlon	1		
		2		

COACH

MANAGER

1 _____
 2 _____
 3 _____
 4 _____

1 _____

Date :

 Signature Secretary General/Hon. Secretary
 State Olympic Association

This form must reach JNGOC,Ranchi no later than 15, January 2009

Address: 34th National Games, NGOC Secretariat, Morhabadi, Ranchi. Fax: 0651-2361036, E.Mail- hashmi.ngoc@rediffmail.com

Cc: 1. Secretary General, Indian Olympic Association

2 State Olympic concerned.